



This leaflet provides details of worship, prayer, study & action through which to enter deeper into Lent, Holy Week and Easter 2023.



Lent is a time for reflection. Before the solemnity of Good Friday and the glory of the resurrection on Easter Day, Christians have the opportunity to remember Christ's withdrawal into the desert for forty days. It is a time to re-evaluate, a moment where we can turn away from the luxuries and distractions of daily life and face God. In so doing we face light, love and life. Facing God makes Lent a time for renewal.

LENT COURSE

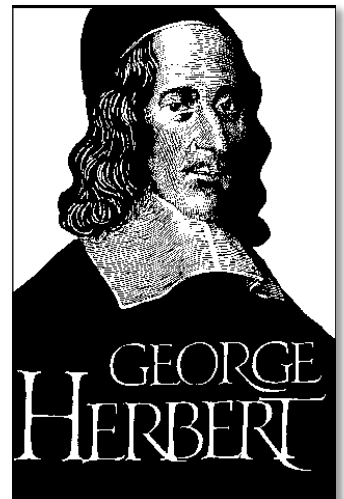
Our course this year will draw on the poetry of George Herbert. The group will be meeting in the church each week beginning on Ash Wednesday (22nd February 2023) from 4 to 5.15pm. The group will be led by Bishop Richard Harries drawing on the poems and linking to key themes for Lent. The group will meet weekly during Lent finishing on Wednesday 29th March. To indicate you wish to take part, please sign up on the sheet at the back of church. If you wish for more information or say that you wish to take part, you can email office@stmarybarnes.org

22nd February Ash Wednesday

Lent Group Week 1, 4—5.15pm, in the church

then on 1st March, 8th March, 15th March, 22nd March, 29th March.

We will meet at the back of church near the font, except for during the Barnes Music Festival (4th-19th March) when we will meet in the Melvill Room.



WORSHIP

22nd February Ash Wednesday

8pm Imposition of Ashes & Eucharist



26th February First Sunday of Lent

10am All Together (all age) Eucharist

6pm Sunday@6 Reflection on the first anniversary of Russia's renewed invasion of Ukraine

5th March Second Sunday of Lent

10am Parish Eucharist with preacher Rev'd James Marston & children's Sunday Club



6pm Healing & Wholeness Service

12th March Third Sunday of Lent

10am Parish Eucharist with preacher Bishop Richard Harries & children's Sunday Club

6pm Said Evensong



19th March Mothering Sunday

10am All Together Eucharist, blessing & distribution of Mothering Sunday flowers

6pm Barnes Music Festival Choral Evensong with guest preacher: Canon James Mustard, Precentor of Exeter Cathedral

26th March Passion Sunday

10am Parish Eucharist with preacher Rev'd James Hutchings
5.30pm Green Way of the Cross, a special service for our Environmental Lenten reflections at St Osmund's Church

6pm Said Evensong

During Lent on each Sunday there will also be our regular
8am Said Holy Communion (Book of Common Prayer) and
each Thursday (except Maundy Thursday) Said Holy Communion in the Langton Chapel at 12 noon.

Lent is a season of 40 days, remembering that Jesus spent 40 days being tested in the wilderness following his baptism and before his public ministry. Lent is a time for:

self-examination, penitence, self-denial, study, service, giving to others and preparation for Easter



All Together Service



Canon James Mustard
Precentor of
Exeter Cathedral



HAPPY
mothering
SUNDAY



HOLY WEEK

2nd April Palm Sunday

9.45am Palm procession from Kitson Hall to the church garden with donkey & Parish Eucharist

Sunday club preparation of Easter gardens

6pm Sunday@6 Reflective service

3rd April Holy Monday

8pm Compline in the Langton Chapel

4th April Holy Tuesday

8pm Stations of the Cross, followed by 9pm Compline

5th April Holy Wednesday

8pm Tenebrae

6th April Maundy Thursday

8pm Maundy Thursday Eucharist with the washing of feet

9pm The Watch, in the Langton Chapel until midnight

7th April Good Friday

10am Short All Age service in the church garden

11.15am Walk of Witness through Barnes

with Churches Together in Barnes

12 noon Reflections on the Cross: Rev'd James Hutchings

2.15pm Good Friday liturgy & Eucharist

8th April Holy Saturday

Preparation of the church for Easter

9th April Easter Day

5.30am First Eucharist of Easter,

followed by breakfast in the Melvill Room

8am Holy Communion (Book of Common Prayer)

10am Easter Eucharist

11.30am All Age Easter celebration with Easter egg hunt, in the church garden



Bishop of Kingston
The Rev'd Canon
Martin Gainsborough

The new Bishop of Kingston will be with us at our main services on Maundy Thursday, Good Friday and Easter Day.

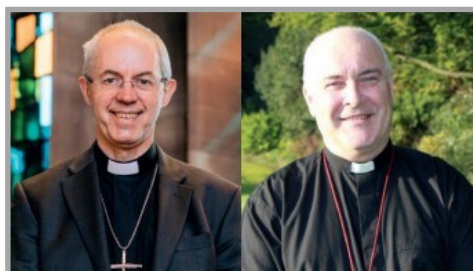
Martin grew up in the Diocese of Southwark. After attending university in Bristol, Martin worked in the Diocese of Bristol since his ordination in 2010, serving the parish of Barton Hill and becoming its Priest in Charge in 2013. He joined the staff of Bristol Cathedral in 2016 and became Chaplain to the Bishop of Bristol in 2019. Prior to working for the Bishop of Bristol, Martin held the post of Professor of Development Politics at the University of Bristol.

Lent & Easter for Children and Families

As we approach the reflective season of Lent, there will be plenty of faith-based activities taking place as St Marys, as well as a number of resources that you can enjoy at home.

<https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-lent-reflections>

In church we have copies of the Dust & Glory Children's booklet



Introduction BY THE ARCHBISHOPS OF CANTERBURY AND YORK

This Lent we are all invited to explore how we can live well with the 'mess' of everyday life.

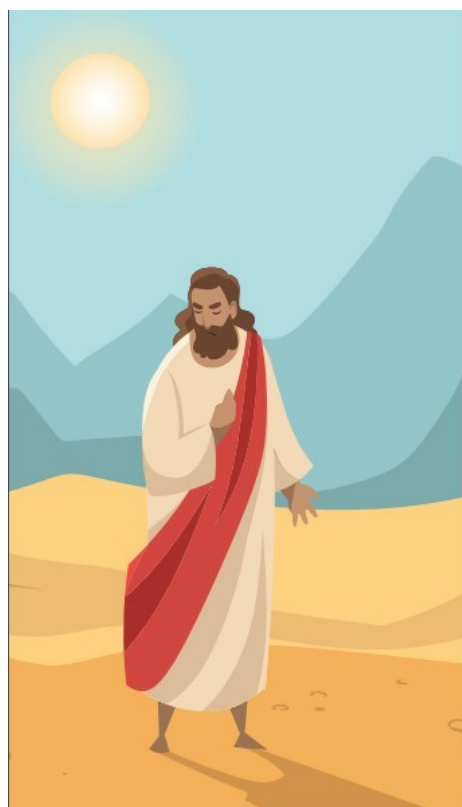
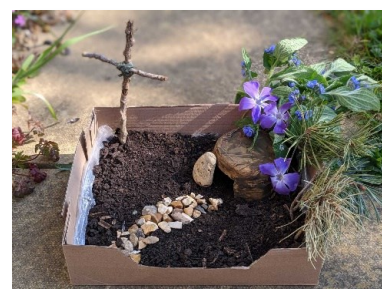
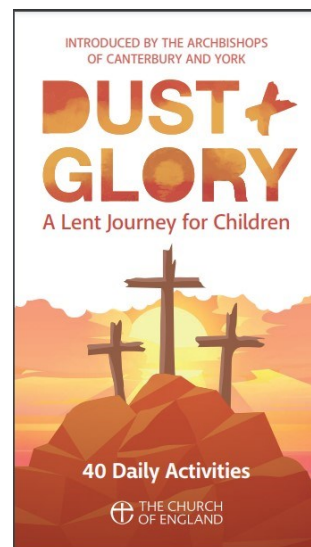
Dust and Glory encourages us to take a fresh look at the struggles and mistakes that every day brings. We can't always avoid them, but we can try to learn from them and grow closer to God through them.

Every single person experiences failure. The question is what we do with it and, even more importantly, what God does with it in partnership with us.

The Christian story is a story of failings redeemed and of sins forgiven. Our journey through Lent will lead us to the seeming failure and humiliation of Jesus' death on the cross. But it is through that seeming defeat that we will come to the joy of Jesus' resurrection at Easter.

May our Lent journey help us to remember that, however often we stumble in our attempts to follow Jesus, nothing can ever separate us from God's love for each one of us.

**Archbishop Justin Welby &
Archbishop Stephen Cottrell**



Start of Lent

DUST AND GLORY

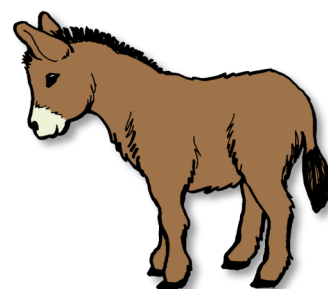
Jesus spent forty days in the wilderness. But even in the dust of the desert he drew closer to God. Lent offers us a chance to make a fresh start with God – to find 'glory' even in the 'dust' of our messy lives.

Read Mark 1.13

“Jesus was in the wilderness for forty days ... and the angels waited on him.”

Prayer for the Week

Lord Jesus, walk with us in the wilderness of Lent and life. Surround us with your love and guide us each day in your way. Amen.



BISHOP OF SOUTHWARK'S LENT CALL 2023

Each Lent since 1972, successive Bishops of Southwark have called on the parishes of the Diocese to raise funds for local community projects in Southwark and our Link Dioceses in Zimbabwe and Jerusalem, as well as inviting them to a time of prayer and contemplation. Over the years, these appeals have raised nearly £1,000,000, which has been shared with more than 150 projects, both in our own Diocese and in other parts of the Anglican Communion. As we spend time in prayer and contemplation this Lent, we hope that you will feel able to generously support the projects we have chosen this year in the Diocese of Southwark and in our Link Dioceses in Jerusalem and Zimbabwe.

Diocese of Jerusalem: Week 1

Accessing care for diabetes: the Diocese of Jerusalem wants to be able to do more to ensure that those who have medical needs, particularly diabetes, can access care in Ramallah.

Access to good medical care can help to relieve the stress and anxiety caused when there is uncertainty around the availability of help needed to manage an illness.

Croydon: Week 2

The Reigate Archdeaconry is the most rural part of the Diocese, but it is not exempt from the difficulties that affect the other Archdeaconries. Once again, we can see many worries about people having enough to eat, being able to heat their homes and provide for their families is a cause of mental health struggles and a lack of well-being.

Kingston: Week 3

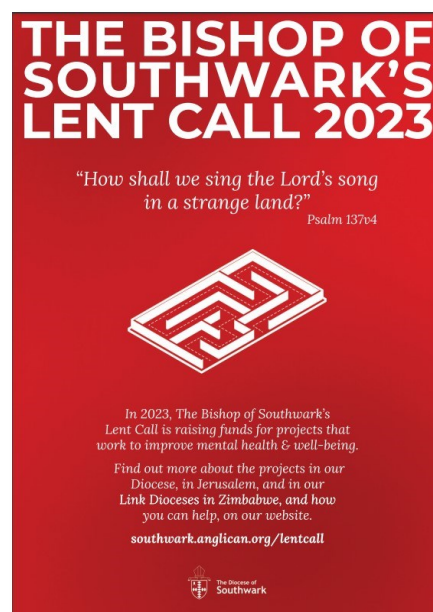
The Fircroft Trust works to support adults who have mental health challenges or learning disabilities and who live in the local community to live well. The Trust works hard to break down stigma and misunderstanding surrounding mental health. They are the only organisation in the Borough of Kingston which provides centre-based support for people with mental health and wellbeing problems.

Woolwich: Week 4

The work in Southwark is part of Parents and Communities Together (PACT) which supports vulnerable pregnant women and parents' wellbeing during the crucial first 1,000 days of a child's life. Those who come to MumSpace and to Espacio Mamá can meet other parents to share experiences and create a network of support. The group provides a safe and stimulating environment for children who come to play and each week there is a discussion for the parents on a relevant issue.

Zimbabwe: Week 5

Life has been very difficult for most people in Zimbabwe for a long time, as there are many economic challenges and inflation continues to rise. People struggle for food and to get money out of the bank. When they do get it, it is worth much less than it was when it first went into the bank. It is hard to imagine the pressures that many people live under and good mental health and well-being is hard to sustain.



southwark.anglican.org/lentcall

DUST + GLORY

A Lent journey of faith,
failure and forgiveness

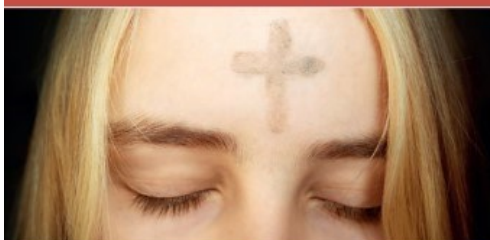
In church, we have copies of the
Dust & Glory Adult's booklet

[https://www.churchofengland.org/our-faith/what-we-believe/
lent-holy-week-and-easter/dust-and-glory-lent-reflections](https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-lent-reflections)

START OF LENT

A Mixture of Dust and Glory

Lent is traditionally a time when we acknowledge our failure to live up to God's purpose for our lives. And yet, in the shadow of the cross and the light of the resurrection, we find hope in the God who transforms failure into glory.



Prayer for the week

Lord Jesus, you spent forty days in the wilderness: walk with me in the wilderness of Lent and life. Hold my failures in the light of your compassion and guide me each day in your way. Amen.

Ash Wednesday

REMEMBER YOU ARE DUST



Read Genesis 3.19

“By the sweat of your face you shall eat bread until you return to the ground, for out of it you were taken; you are dust, and to dust you shall return.”

Reflection

We begin Lent by looking back to the first book of the Bible, and the very first failure. We know the story: Adam and Eve disobey God and they eat the fruit that they have been told not to touch.

START OF LENT A Mixture of Dust and Glory

As a result, they are cast out of the Garden of Eden, condemned to suffering and death.

Fast forward to today, Ash Wednesday, the beginning of Lent. As the ash is placed on our foreheads in the shape of the cross, those words from Genesis are spoken: “Remember you are dust, and to dust you shall return.” It is a day to lament our disconnectedness from God. It begins a time where we consider those failures in our own lives which separate us from God today.

But the sign of the cross reminds us that in Jesus, our failure is overcome by God's glory. God himself comes to make up the distance we put between him and us.



**We all fail, in ways big or small, every day.
That's part of being human.**

**Ask yourself honestly where you've stepped
away from God recently.**

Thursday after Ash Wednesday

DON'T BLAME ME!



Read Genesis 3.8-15

“The man said, ‘The woman whom you gave to be with me, she gave me fruit from the tree, and I ate.’ Then the Lord God said to the woman, ‘What is this that you have done?’ The woman said, ‘The serpent tricked me, and I ate.’”

Reflection

Adam and Eve are too ashamed to admit their wrongs. Instead of taking responsibility, they seek to blame others. This is an easy trap to fall into,

Background on our worship in church in this season

Ashes are an ancient sign of penitence; from the middle ages it became the custom to begin Lent by being marked in ash with the sign of the cross. Liturgical dress is the simplest possible. Churches are kept bare of flowers and decoration. The *Gloria* is not used in communion services. The Fourth Sunday of Lent (*Laetare* or Refreshment Sunday) was allowed as a day of relief from the rigour of Lent, and the Feast of the Annunciation almost always falls in Lent; these breaks from austerity are the background to the modern observance of Mothering Sunday on the Fourth Sunday of Lent.

As Holy Week approaches, the atmosphere of the season darkens; the readings begin to anticipate the story of Christ's suffering and death, and the reading of the Passion Narrative gave to the Fifth Sunday its name of Passion Sunday.

It is still uncertain when Christians first began to make an annual (as opposed to a weekly) memorial of the death and resurrection of Christ. This *Pascha* (a word derived indirectly from *pesach*, Hebrew 'Passover') was at first a night-long vigil, followed by the celebration of the Eucharist at cock-crow, and all the great themes of redemption were included within it: incarnation, suffering, death, resurrection, glorification. Over time, the *Pascha* developed into the articulated structure of Holy Week and Easter. Through participation in the whole sequence of services, the Christian shares in Christ's own journey, from the triumphal entry into Jerusalem on Palm Sunday to the empty tomb on Easter morning. The procession with palms, which was already observed in Jerusalem in the fourth century, is accompanied by the reading or singing of the Passion Narrative, in which the whole story of the week is anticipated. Maundy Thursday (from *mandatum*, 'commandment', because of the use of John 13.34 in the Antiphon) contains a rich complex of themes: humble Christian service expressed through Christ's washing of his disciples' feet, the institution of the Eucharist, the perfection of Christ's loving obedience through the agony of Gethsemane.

After keeping vigil ('Could you not watch with me one hour?') Thursday passes into Good Friday. It is a widespread custom for there not to be a celebration of the Eucharist on Good Friday, but for the consecrated bread remaining from the Maundy Thursday Eucharist to be given in communion. The church remains stripped of all decoration. It continues bare and empty through the following day, which is a day without a liturgy: there can be no adequate way of recalling the death of the Son of God, other than silence and desolation. But within the silence there grows a sense of peace and completion, and then rising excitement as the resurrection draws near.

Eastertide forms a single festival period in which the tone of joy created on Easter Sunday is sustained through the following seven weeks, as we celebrate the gloriously risen Christ. The lit Easter Candle stands prominently in church for all the Eastertide services. The Alleluia appears frequently in liturgical speech and song; white or gold vestments and decorations emphasise the joy and brightness of the season.



In the heart of our community



www.stmarybarnes.org



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