

#### LORD'S PRAYER STATIONS

The 9 days from Jesus' Ascension, to the coming of the Holy Spirit at Pentecost, is traditionally a special time of prayer in the church. These stations are based on the words of the Lord's Prayer, helping us to dwell on and linger over the words of the prayer as we seek to connect to God.

#### 'Our Father in heaven, hallowed be your name'

An invitation to connect with God as the perfect father.

At this station by the font, you are invited to sit before the portrait and consider what it means to you for God to be the perfect Father. The Lord's Prayer invites us to speak directly to God as Father, and we are invited to be a part of His family.

### 'Your kingdom come; your will be done on earth as in heaven'

An opportunity to reflect on what it means to acknowledge God as king

At the throne in front of the altar, pray this line, acknowledging God is king over the whole world, and asking him to be at work in the world, perhaps in particular situations known to you

### 'Give us today our daily bread'

An opportunity to thank God for his provision.

You are invited to sit at the table near the organ and eat. As you do so, you are encouraged to think about the things that God has provided for you and thank him for these things.

## 'Forgive us our sins, as we forgive those who sin against us'

An invitation to accept God's forgiveness.

At the station near the piano, you are invited to write your own 'sorry' prayers to God on a small piece of paper, before crumpling it in your hand and throwing it in the bin provided, to symbolise God getting rid of our sin when he forgives us.

## 'And lead us not into temptation but deliver us from evil'

An opportunity to reflect on God's leading us through life.

You are invited to walk slowly around the church, following the arrows and thinking about what it means to allow God to order our steps, leading us along the pathways we should follow, rather than those that are easy or most appealing.

# 'For the kingdom, the power and the glory are yours, now and forever, Amen.'

An invitation to accept Jesus as king.

You are invited, symbolically, to take the crown from the throne, and put it briefly on your head, before removing it and laying it on the throne, acknowledging these words in the prayer and Jesus' place as king in our own lives.

For more ways of entering into prayer, visit <a href="https://www.thykingdomcome.global/">https://www.thykingdomcome.global/</a>